

The Flying Bull Academy

Welcome to the Nursery

PARENTS' WELCOME BOOKLET



Morning Nursery
Gruffalo Class
8.30am to 11.35am



Afternoon Nursery
Paddington Class
12.15pm to 3.20pm

Dear Parents and Carers,

Thank you for choosing Flying Bull Nursery.

Starting Nursery is a big day for both you and your child and it is important that we help ease the transition for you. This is a very important stage in your lives and I'm sure that it is a day that you will never forget! You probably have a lot of questions to ask. I hope that this pack will answer most of them and help you to prepare yourself and your child for nursery.

We have compiled some ideas and tips which you may want to think about to help your child settle in the first few weeks of Nursery:

- Calm their fears with information – It is natural for your child to be anxious about starting Nursery. Talk to them about what they might do during a session. The more they know the less they will worry about.
- Plan a goodbye routine or game. Perhaps a series of hugs followed by the biggest hug in the world.
- Take the time to read a story during the day and not only at bedtime so they get used to sitting and settling at different times. This will make carpet time in Nursery less of an alien experience.
- Play some listening and direction games such as Simon Says as this will help your child to understand and follow directions.
- Have a special breakfast for the morning children or lunch for the afternoon children as Nursery requires lots of energy. Whilst eating, talk about what they might be doing during the session or what they would like to do.

Let us know of any ideas they think of as we would love to hear them. Do not worry if your child cries when you leave them when they first start Nursery as they soon settle down when you leave exploring their new environment and making friends.

Remember they will pick up on you being anxious so try to act as confidently as possible.

Kind Regards

The Nursery Team

Please refer to our website for more information and additional details.

[The Flying Bull Academy - Nursery](#)

Introduction

The Early Years Foundation Stage (EYFS) is a distinct phase in education which begins when the child enters Nursery and continues until the end of the Reception year.

Throughout the EYFS the planning and assessment is specifically designed to identify each child's stage of development across seven areas of learning outlined in the EYFS Framework.

[Early years foundation stage \(EYFS\) statutory framework - GOV.UK](#)

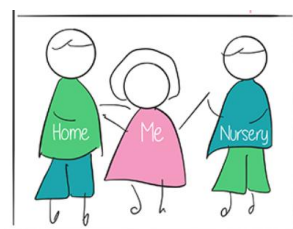
In the Nursery we plan a varied and stimulating curriculum. The curriculum includes both adult directed activities and child initiated or free play activities. The Nursery classroom is organised to encourage independence and autonomy. The children are given the opportunity to explore the curriculum both inside and outside each day. In the Nursery emphasis is placed upon developing good personal, social and emotional skills, physical development along with encouraging the development of good communication and interaction.

Partnership With Parents

We believe that strong partnerships with parents are at the heart of high-quality childcare.

We offer many opportunities for information to be shared about your child.

- Initial meeting. (Home Visits to start September 2026)
- Half-termly 'Stay and Play' sessions.
- Seesaw Learning Journey – A secure platform used by staff and parents to enhance the curriculum by sharing children's learning experiences.
- Termly parent meetings.
- An open-door policy, where you are always welcome to talk to us.
- Parent questionnaires.



Managing Behaviour

We create a calm and friendly learning environment for everyone.

We set out clear expectations for behaviour and promote good behaviour through positive praise and encouragement. Good manners are always encouraged. Everyone will be encouraged to say please and thank you. Adults will remind those who forget, and children will be encouraged to remind each other.

Our golden rules are:

1. We will be **kind** to each other.
2. We will **listen** to each other.
3. We will **tidy away** our toys and **look after** them.
4. We will **share** and **take turns** with our friends.
5. We will **walk inside** and **stay safe**.



These rules align well with the three school expectations: Ready, Respectful and Safe.

Home Visits

A home visit is completed to enable staff to gather information about the child's interests and experiences. Parents also have the opportunity to ask questions and discuss concerns.

We stagger the intake of children so that we are able to give children the attention they need on their first day at Nursery. We also make arrangements individually if a child is finding it hard to settle and work with the parent/carer to help the child feel safe and secure and enjoy their time at school.

Settling in Plan

Day 1: 45 mins with parents

Morning Session 9.30am to 10.15am

Afternoon Session 1.15pm to 2pm

Day 2: 45 mins on their own. We ask parents to wait in the office area.

Morning Session 9.30am to 10.15am

Afternoon Session 1.15pm to 2pm

Day 3: If the child is ready they can start their full session

Morning Session: 8.30am to 11.35am (Door opens at 11.30am)

Afternoon Session: 12.15pm to 3.20pm (Door opens at 3.15pm)

Snack Time

Healthy Eating

During their time at Nursery, all children will have access to snack (usually fruit), milk and water.



30 Hour Funded Children Staying For Lunch

If your child is eligible for a 30-hour nursery placement and have secured a place in our nursery, they will be staying for lunch (11:30am – 12:15pm). Parents/carers will need to provide children with their own lunch from home. Please note that lunch time meals from home must be sealed in a packed lunch bag that is clearly labelled with your child's name. Parents and carers must make every effort to ensure that guidance regarding packed lunch is followed.

Packed lunches may include:

- ✓ At least one portion of fruit or vegetable
- ✓ Sandwiches or wraps
- ✓ A pot of yogurt or slice of cheese
- ✓ A bag of crisps
- ✓ A drink: water is best.



Foods **NOT TO INCLUDE** in a healthy packed lunch:

- Confectionery such as sweets.
- Nut or nut products (although they can be very healthy) because of the danger to other children with allergies.
- Fizzy drinks

Special Diets

The Nursery recognises that some pupils may have verified medical conditions requiring special diets that do not allow for the standards above to be met exactly. In this case parents/carers are urged to be responsible in ensuring that packed lunches are as healthy as possible.

Uniform and Clothing

The Nursery children can wear school uniform.

Whilst we provide aprons, a lot of nursery activities are messy and young children need a lot of practice before they are able to control materials such as water, glue and paint etc. A uniform will prevent your child from spoiling any of their best clothes. You must also provide your child with a full change of clothing in a bag and make this available on your child's peg should any accidents occur. This should be labelled with their name, and a change of clothing should include a top, bottoms, vest, underwear, socks and wipes where necessary. You may wish to include additional underwear, socks and bottoms for your child if they are still learning to use the toilet.

Please help your child to become independent by choosing clothes that they can fasten themselves (e.g. trousers with elasticated waistbands, footwear with velcro fastenings etc.). Please also ensure that your child is dressed suitably for indoor and outdoor activities.

NO crocs, flip flops or open toed shoes.

It is essential that all your child's clothing be clearly labelled with their first name and initial of their surname.

With regards to jewellery, children may only wear small stud earrings if they that had their ears pierced.

Nursery Library

As well as fully resourced school library, we also have a great collection of books in our Nursery. You will be invited on your team day to borrow a book of your choice with your child. We feel your involvement will really encourage your child to develop an interest in books and stories and help them to build their vocabulary. Please take good care of our books so other children can continue to enjoy them too. Book bags with the school logo will be given to your child free of cost with a reading record when they start nursery.

Visiting Nursery Library Day

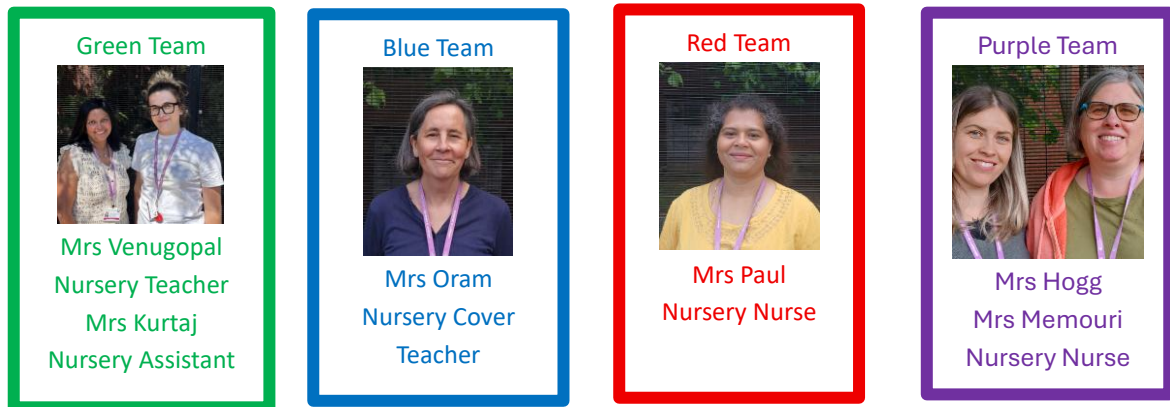
Tuesday	Wednesday	Thursday	Friday

Nursery Staff

The Key Worker Approach

We employ a Key Worker Approach in Nursery. This means there will always be a familiar face to greet your child, and any important information can be passed on or shared regularly.

The role of the key worker is to know their individual child and to support their sense of identity and individuality. A key worker is aware of their individual child's and family's needs, preferences and development.



Coming to Nursery

Each child will be provided with their own peg in the cloakroom featuring their picture and name. Here your child may hang their coat and other belongings to ensure they are kept safe and, in a place, they can easily be found.

Children will be shown where the toilet and handwashing facilities are and may access these as and when they need to.

Nappy Changing Procedures

Children who are still in nappies should arrive at the nursery wearing a clean, fresh nappy.

As sessions are three hours long, most children will not require a nappy change during this time. Beginning the session with a fresh nappy helps to reduce nappy costs and supports environmental sustainability by minimising waste. However, if a child's nappy becomes full or soiled during the session, it will be changed promptly in the designated changing area.

Recording & Assessing

Your Child's Development Short observations of your child's work will be made throughout their time in Nursery. These will be discussed by Nursery staff and used to plan the next steps for your child. Observations of your child are recorded on an online, secure platform called Seesaw. You can access this from home at any time and your child's class teacher will discuss how to do this with you and provide you with your own unique log in details.



Special Educational Needs and/or Disabilities (SEND)

At Flying Bull, we are aware that children have a range of different needs and we value all children equally. Some children may be diagnosed when they are born with SEND whilst others may not be diagnosed until later in childhood. The earlier we can ensure all children's individual needs are fully understood the better chance we have of meeting them. We work closely with parents/carers and other professionals in order to ensure correct assessment and support is completed.

